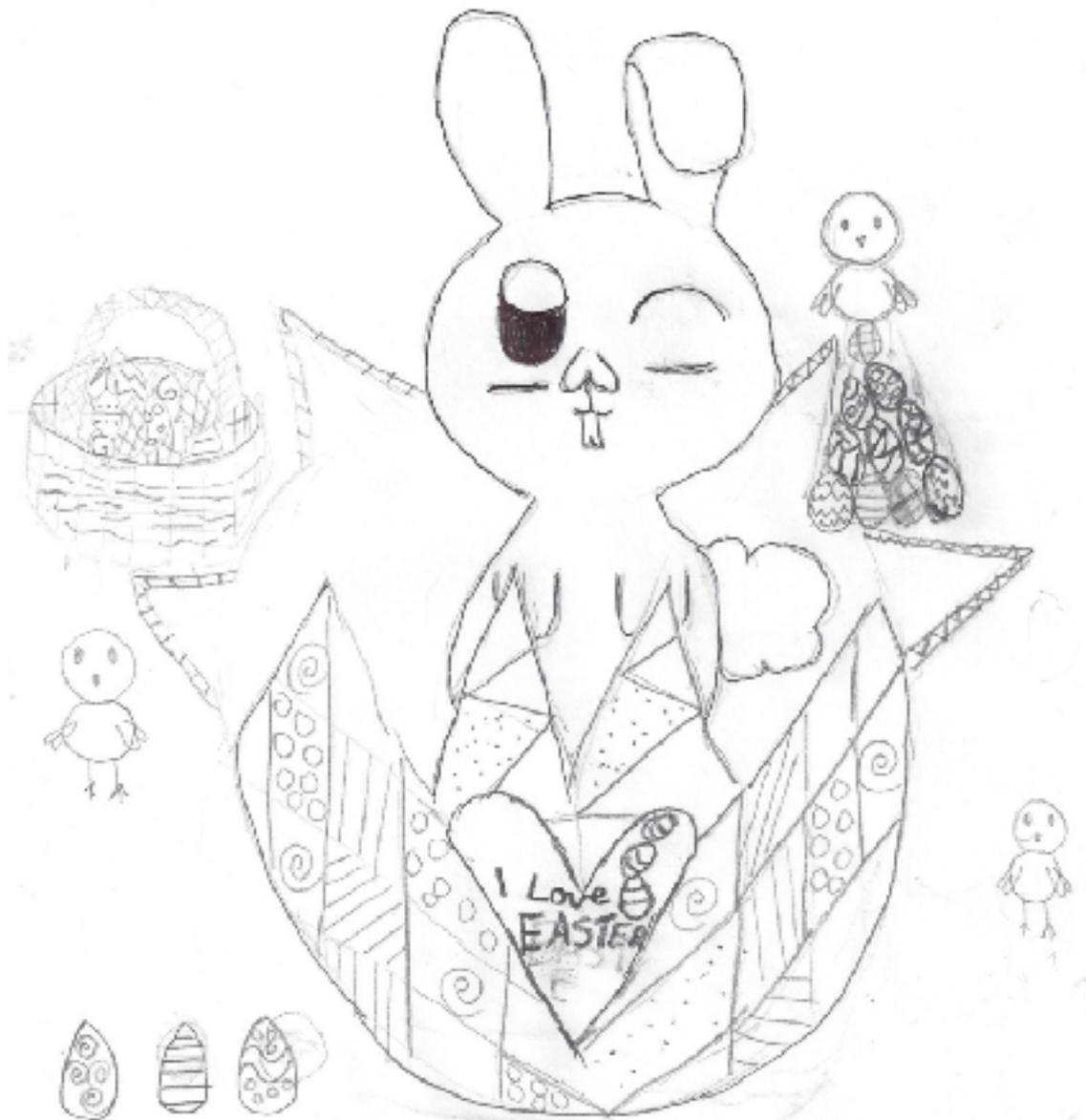


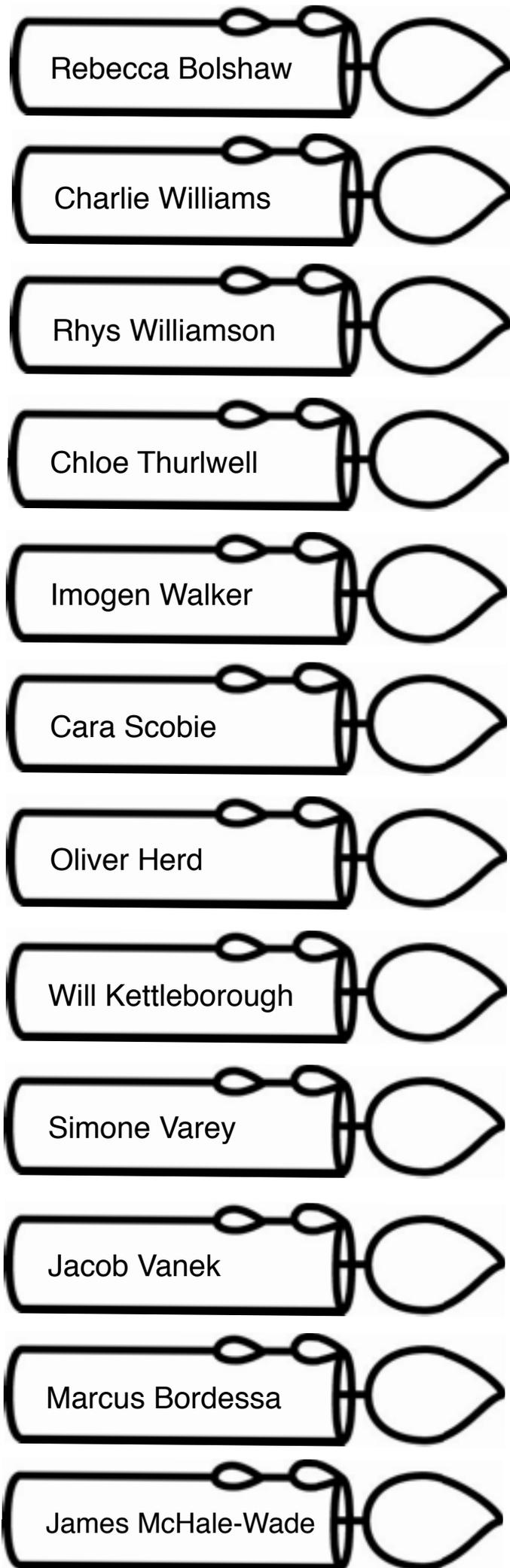
ANTROBUS VILLAGE NEWS

HAPPY
EASTER



By Amelia Dutton

April 2017



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- DATES FOR THE DIARY -

FRI 7TH Spring Supper Club

FRI 14TH Good Friday

SUN 16TH Easter Sunday

MON 17TH Easter Monday



THE DEADLINE FOR SUBMISSIONS AND ARTICLES FOR THE MAY EDITION OF THE VILLAGE NEWS IS Tuesday 25th April 2017

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- PARISH COUNCIL -

Minutes of The Antrobus Parish Council Meeting on Monday 20 Feb 2017 at 7:30pm at Antrobus Village Hall

Present

Mr R Sutton (Chairman)	Mr S Batey
Mr S Barker (Vice-Chairman)	Mrs C Bunn
Mr P Pugh	Mr A Dunkley
Mr C Wright	Mrs V Gallimore
Mr P Harrison	Mr S Palmer (Clerk)
Cllr N Wright (Ward)	Mr D Hammond (Ward)

Open forum from 7pm. 28 attended. See appendix 4 for a summary.

The meeting started at 7:50pm

1. **Apologies** – apologies for unavoidable absence were received from L Gibbon (Ward).
2. **Members' Declarations of Interest** - none
3. **Minutes of the Parish Council meeting held on 16 Jan 2017 -(17/05) RESOLVED** to accept the minutes as a correct record of the meeting.
4. **Matters Arising**
Fingerpost painting – ongoing
HGV sign ordered for Caldwell Gate Lane
A559 accident spot Birch Tree Lane

Knutsford Road tree cutting – thanks were expressed to D Hankey and A Dunkley. The Knutsford Road pavements have been cleaned thoroughly – Highways to be thanked for doing a good job.

Electoral Review Parish Council Briefing – the possibility of an elected mayor for the region under a local enterprise zone is being considered by CW&C.

5. **Planning**

- 5.1. Decisions by CW&C on planning applications up were noted as appendix 3.
- 5.2. Manley close s106 agreement – the Planning Working Group will look into any implications from the potential housing development including meeting Planning Dept if necessary.
- 5.3. Enforcement – none.

6. **Highways**

- 6.1. A559 near Knutsford Road/Lake lane junction - Highways will be asked if the double white lines can be extended to improve safety.
- 6.2. New Highways concerns:
 - 6.2.1. The diversion for A559 overnight closure seems impractical – to be reported.
 - 6.2.2. Car rally – the organisers will be asked to show caution and respect since there is a danger to people as they pass.
 - 6.2.3. Hedge cutting Barbers Lane / Galebrook – to chase Environment Agency as closed season is 1 Mar – end Aug.

7. **Playground**

- 7.1. Inspection, repairs & insurance – our insurers are to be asked if the RoSPA inspection is necessary given we use Northwich TC.
- 7.2. A report from the Playground Working Group was received: An earlier questionnaire produced a list of requested features. Many of those features have been provided, namely:
 - a larger fenced secure area for younger children;
 - repair & extension of soft surface & a new inclusive swing;
 - refurbishment of large play apparatus & repair of roundabout;
 - re-instatement of the large swing to its original condition;
 - extra seating / benches - the Village Hall is pursuing grants. Further development in the immediate future was not viewed as a priority due to financial constraints. It was appropriate for the Finance Working Group to consider whether financial or other resources were available for more features.

PARISH
COUNCIL

- PARISH COUNCIL -

8. Accounts & Finance

- 1.1. The accounts in Appendix 1 were noted.
- 1.2. **(17/06) RESOLVED** to approve the payments list Appendix 2.

9. Review of constitution

- 2.1. **(17/07) RESOLVED** to adopt the CW&C Dec 2015 code of conduct
- 2.2. **(17/08) RESOLVED** to update the complaints policy
- 2.3. Alteration of the standing orders to adopt code of conduct, dispensations and complaints. A report was received from the clerk. The motion was stood adjourned without discussion as per section 61.

10. Update of Website

- 3.1. **(17/09) RESOLVED** to replace the website for < £700.
- 3.2. **(17/10) RESOLVED** to approve a grant application for the website.
- 3.3. **(17/11) RESOLVED** to set up a Website Working Group to advise on the website solution and manage the project. Members will be P Pugh, P Harrison, S Batey, The Clerk and a villager (to be approached).
- 3.4. **(17/12) RESOLVED** to empower the clerk to make decisions for the upgrade project with advice from the Website Working Group.
- 3.5. **(17/13) RESOLVED** to approve overtime for the Clerk for the website project, with monitoring by the Chairman. The Clerk will keep a timesheet.

11. Litter pick – Weekend of 1/2 April

12. Date of April meeting – Moved to 24 April.

13. Open Forum, Representatives, Committees & Working Parties

- 6.1. Issues from the open forum were discussed.
- 6.2. Kitchen Garden Committee – Lawn mower to be serviced.
- 6.3. Reports: Rural Broadband – a 4th phase has been confirmed. Locations are to be defined.

14. Notable Correspondence

Do you own an empty home? - CW&C support to bring them back into use.

RosPA inspection planned for April

Request for volunteering opportunities – to explore use of volunteers for clearing the side passageway.

Broadband - List of postcodes (in)complete

Highways - A559 junction with Birch Tree Lane

BBC 'The Repair Shop' – ask the church

Manchester Airport meeting 7 March

Warrington BC SPD Planning Document issued

Recyclefirst.info offer of free visits to recycling centres

Request for information about recent traffic accident near the Birch & Bottle

Manchester Airport info collection – to respond

The Meeting ended at 9:30 pm

The next meeting of the Parish Council will be held on Monday 20 Mar 2017 at 7.30 pm at Antrobus Village Hall. Open Forum 7:15pm.

Appendix 1 Accounts 3 Feb 2017

Current account	£ 10,770.92	Reserve 5 Dec	£ 9,410.11
Cash book	£ 10,633.92	Reconciliation:	3 cheque(s)

Income: none in Jan. £1,000 members budget received with thanks to Ward councillors.

PARISH
COUNCIL

- PARISH COUNCIL -

Appendix 3 Recent planning decisions by CW&C

17/00408/LDC The White House Hollins Lane CW9 6NL - Proposal Single storey rear extension - **Permitted Development 15 Feb**

17/00406/LDC The White House Hollins Lane CW9 6NL - Garage with lean to log store and removal of garden shed - **Permitted Development 15 Feb**

16/04880/LBC - Gale Moss Farm Arley Road CW9 6NS - Replacement windows. *No objection (Dec 2016)* - **Refused 1 Feb**

16/05270/S73 - Fairbank Farm Sandy Lane CW9 6NU - .. to allow the building to be used for agricultural storage or for the storage of an aircraft .. only be in association with activities at Fairbank Farm. *Nothing appears to have changed to justify the buildings being used for anything other than an agricultural purposes (Dec 2016)*

Appendix 4 proposed housing development

28 villagers attended an open forum on 20 Feb 2017 where a courtesy information presentation was given to the Parish Council by developers ahead of their public consultation on 28 Feb. The following is a summary of what was said.

The information given was about a proposed housing development by Andrew and Jean Ford, developers, of 'Afordable Homes', and Steven Grimster of Barton Willmore Planning consultants. Sam Lancaster the builder also spoke. A question and answer session followed.

Purpose. The developers wanted to do something to help the housing crisis and to realise a dream of providing good quality affordable homes for young people.

Proposal. To provide 11 affordable homes and 4 market value homes on 1.2 acres of land off Knutsford Road between Manley Farm and Manley Close. They would be good quality, modest and in keeping with the surroundings, 2,3 and 4 bed homes including bungalows, 100% owned. They would be affordable in perpetuity (meaning 20-30% below the market price and with agreements in place to keep the prices low for future owners). Priority would be given to local Antrobus people (they would not be advertised in the wider market) and would have to be first time buyers. Larger 4 bed open market homes would help fund the 11 others.

Examples. Norley, Mickle Trafford and Ashton Heath were quoted as sites of similar concept where the borough council had agreed the concept and worked out the necessary agreements. Recent building work of Sam Lancaster is a care home at West Horton near the M61 at Bolton.

Need. The recent housing survey received a good 20% response and it was claimed it showed a need for 23 new homes over 5 years, and a preference for owned housing over social or rented.

Plans. Pre-application negotiations with Planning Officers are ongoing. A Feb 2017 government white paper acknowledges the concept of rural exception sites for affordable led housing. More details will be given at the public consultation event at the school on Tue 28 Feb between 4 and 7 pm where villagers can fully engage with the developers. A planning application is expected around March at which time the Parish Council will give its response as a statutory consultee. Feedback to any Parish Councillor is welcomed. A decision, probably by Cheshire West Planning Committee, is expected June/July.

Antrobus Parish Council contact details and next meeting

The next meeting of the Parish Council is on **Mon 24 April at 7:30pm** at Antrobus Village Hall. (This is one week later than normal due to the bank holiday.) Open forum at **7:15pm**. All villagers are welcome to raise any issue. The agendas and full draft and final minutes are published on the **Antrobus.info** website.

Chairman Roger Sutton 01565 777375

Vice-Chair Stephen Barker 01565 777687

Councillors Phil Pugh 01565 777454

Paul Harrison 01606 892151

Carol Bunn 01606 891692

Chris Wright 07779 722661

Simon Batey 01565 777206

Andrew Dunkley 01565 777367

Victoria Gallimore 07790 611475

Clerk Simon Palmer, 1 Merryfall Cottages, Goosebrook Lane, Warrington WA4 4PT
01606 891462 email: antrobuspc@yahoo.co.uk

- NEW COMMITTEE -

Hello, we're the new Village News committee. Made up from a small faction of The Village Fete Committee we decided to carry on production of the village news once Irene & the team retired. Their service over the last 25 years has been remarkable and clearly we have very big boots to fill! To help us to continue this village tradition we welcome you to approach any of us with your ideas, suggestions and feedback.

Sues lives and works in Antrobus and has been a long serving member of the Village Fete committee. She knows her way around a computer and plays a big part in the creation of the Village News and collating all its content.

Christina is a multi-tasking mother of 3 and present Chair of the Village Fete committee. As if she wasn't busy enough already, Christina now assists with the production of the Village News and proofreads every edition before it's printed.

Lindsey is our other tech savvy co-ordinator and currently acts as treasurer for the Village Fete. She can find a solution to most problems and ensures production of the Village News stays on track.

Kelvin is the tea boy and when he's not walking the family beagle or rescuing abandoned handbags (see last month's issue) he even chips in with the odd bit of practical assistance.

Jon is the Village Fete's creative guru. Fortunately he has become a reliable member of Village News Committee too. Whenever called upon, Jon is there and some of his contributions have been imperative to the production of the Village News.

Beyond the committee members above there are a team of wonderful volunteers who print the village news and another who distribute each issue across Antrobus. We are hugely grateful to them!



Sues



Christina



Lindsey



Kelvin



Jon

- COMMUNITY LIFE -

ST MARK'S ANTROBUS – Knutsford Road, CW9 6JW

SERVICES FOR APRIL 2017

2 nd April		10:30 am	United Service of Holy Communion Celebrant Revd. Alec Brown
9 th April	Palm Sunday	10:30 am	All Age Service
16 th April	Easter Day	10:30 am	Holy Communion Celebrant Revd. Geff. Buchan.
23 rd April		10:30 am	Service of the word
30 th April		10:30 am	United service at Gt.Budworth
7 th May		6:30 pm	United service at Chapel.

Everybody is welcome to all



ANTROBUS METHODIST CHAPEL – Barbers Lane, CW9 6JP

SERVICES FOR APRIL 2017

2 nd April		10:30 am	United Service at St Marks
9 th April		6:30 pm	Rev Jenny MacGregor
14 th April		2:00 pm	Good Friday Service following Frugal Meal Rev David Easton
16 th April		5:30 pm	Easter Sunday Service Rev David Easton with Holy Communion
23 rd April		6:30 pm	Local Arrangements
30 th April		6:30 pm	Mr Matthew Johnson
7 th May		6:30 pm	Mrs Hazel Bradley United Service and Ladies Sunday

Flowers: 9th Apr: Mrs M Lawson; 16th Apr: Mrs H Howman; 23rd Apr: Mrs K Hankey;
30th Apr: Mrs J Bolshaw; 7th May: Mrs B Wright

Please Note the Varying Times of Services over April.

Wishing You all a very Happy Easter.



FRANDLEY QUAKER MEETING

Everyone is very welcome to come and try a quiet Quaker Meeting.

Meetings for Worship start at 10:30 am on Sunday mornings and usually last for an hour, although you can stay for less if you prefer.

We have a Children and Young People's activity-based Meeting at the same time.

The Meeting House is on Sandiway Lane, Frandley, Antrobus.

For further details contact Gill Alcock 01925 730153

or eastcheshirequakers.org.uk



- COMMUNITY LIFE -

ANTROBUS WI MEETING March 2017

At the opening of the meeting Sue announced the death of Winsome Deakin and asked members to think of her whilst singing Jerusalem.

This month members had enjoyed a visit to the Brindley Theatre to see "Stepping Out". In March there will be a "Have a Go" Day when various sorts of crafts will be available for members to try. The annual Car Boot Sale will be on May 14th.

The speaker was Sue Green from The Woodland Trust which was started in 1972 by Kenneth Watkins who was concerned about the rate at which native woodland was disappearing. The Trust now owns 55,500 acres of woodland but the UK still has one of the smallest amounts in Europe. We were told that there are 32 types of native trees and the aim of the Woodland Trust is to make the UK rich in native woods and trees. They are currently creating four Centenary Woods - one in each UK country - to commemorate World War 1.

The Meeting closed with the National Anthem.

Meetings are held on the second Tuesday in every month.
Anyone who would like to come along should phone
Sue Richards on 01606 891033.



ANTROBUS FRIENDSHIP CLUB

Last month we met on Wed, 1st March, and enjoyed an enlightening talk by Janet Mounfield. She explained her experiences of the preparation and behind the scenes to their appearance on the Antiques Roadshow when it came to Arley Hall last year. The TV producers obviously like interesting antique items but particularly they like to have a bit of a quirky history to tell to make for a good programme. Janet made us laugh with tales from her childhood surrounded by certain pottery artefacts, which were not all that attractive to a young child at the time; nor to us for that matter! Janet brought along some examples of items which had been of interest to the show experts – the main item they chose to talk about on the programme was a large bomb-damaged vase!
We followed that with tea & cake; thanks particularly to Angie this time for a lovely Victoria Sponge cake.

A few of us went to a dress rehearsal of 'Blythe Spirit' at the Grange School Theatre, later in the month. We thought we would go and check out the accessibility of the venue, in case of future events. It turned out to be an incredible performance by the sixth formers at the school, very professional indeed and we wouldn't be surprised if some of them go on to become famous.

This month we meet on Wed 5th April at 2pm in the Village Hall Small Room. This is the start of our new year and so will include our Annual General Meeting, which will be brief as it's mainly just to agree our programme and how we are running for this year. We are also hoping that Karen Peplow will be with us to give us a little talk; we always enjoy Karen's visits.

Looking forward:- on 3rd May, John, Ann & Phil will lead some songs and stories and on 7th June we plan to go out for our Club Birthday lunch.

Don't hesitate to come and join us sometime if you would like to – the more the merrier. And we are always looking for speakers or ideas of activities or trips out.

Any questions please contact Janet on 01606 892987 or
Ann on 01565 777454 or
speak to any of our regular members.



- ANTROBUS EVENTS -



Spring Supper Club

FRIDAY 7th APRIL - 7:30 pm

Come out of winter hibernation and join your friends at the first 2017 supper club for an evening of fun and catch-up on all the gossip.

Not forgetting the sumptuous home cooked food as usual made by our talented village chefs.

Tickets £12.50 from:

THE VILLAGE SHOP

ANNIE - 07768 868647 SARAH - 07979 941798 HEATHER - 07817 771172

.....
Save these dates for the next supper clubs

16th June

13th October

8th December

Antrobus WI

CAR BOOT SALE

Sunday 14th May 2017

Antrobus Village Hall

Set-up from 7 am

Open 8 am to 11:30 am

Refreshments Available

Strictly No Traders / Warrington Borough
Council Approved

To book call 01565 777227

Inside Stall - £7

Antrobus St. Marks Church

On Good Friday 14th April the
traditional Frugal Meal will be
held in the Village Hall

12 - 1:30 pm.

All Very Welcome.

ANTROBUS VILLAGE PANTOMIME

This notice is for anyone interested in taking part in the 2018 pantomime. We are planning to do "Alice and Friends in Wonderland" and the performances will be on the weekend of 26th to 28th January 2018.

The provisional dates for the auditions are :

Sunday 4th June 2017 - 3 pm till 5 pm

Thursday 15th June 2017 - 7:30 pm till 9 pm

We'll remind you next month but we thought you might like to have advance notice of the audition dates to pencil in your diaries.

To take part children must be at least 8 years old at the time of the show. For Adults there is no upper age restriction - if you are happy to get on the stage then please do come along and have a go.

The auditions will take place in the Antrobus Village Hall. We would encourage most people to attend on the Sunday if at all possible.

Note: At the last after-show party someone brought a rice salad to the buffet and left the silver coloured metal bowl which looks like it belongs to an electric mixer. If it's yours please get in touch Debbie Sutton on 01606 891089. We'd love to return it to it's rightful owner.

- ANTROBUS EVENTS -

Organised by committee members & friends of Antrobus Village News

QUIZ NIGHT

Friday 21st April @ 7.30pm

All proceeds to the continuation of the village news

In the meantime here's a little quiz to keep you going:

1. Prior to their marriage, what was Catherine of Aragon's relationship with Henry VIII?
2. Which European country is shaped like a horse-shoe and comprises over 1200 islands?
3. If you were asked to prepare your vegetable "julienne style", what would you do?
4. Which author wrote the screenplay for the 1967 Bond film You Only Live Twice?
5. Who painted the ceiling of the Sistine Chapel?
6. To commemorate his 400th birthday, who became the first commoner to appear on a UK postage stamp in 1964?
7. Which girl group popularised the phrase "Girl Power"?
8. Alexander Fleming is credited with discovering which antibiotic in 1928?
9. Who was the youngest footballer to score for England in the 20th century?
10. An Oscar award features a knight standing on what?
11. Including the jokers, how many cards are in a standard deck?
12. Who was the first cricketer in history to achieve 10,000 runs in Test cricket?

Answers on page 18



- ANTROBUS FETE -

Antrobus Rose Queen Fete

Retinue Application Form

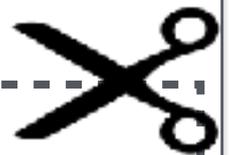
For the 2017 fete we are celebrating our local farming heritage and we are hosting our very own 'Fete on the Farm.'

If you would like to be involved in the fete retinue, please tick the relevant box and return the form to St. Mark's school, the village shop or to one of the fete committee members.

The successful candidates will be drawn out of a hat at the Easter Sunday service at 10:30 am on Sunday 16th April at St. Mark's Church, Antrobus.

Dresses for the retinue will be supplied and there will be practices where attendance is necessary.

CLOSING DATE FRIDAY 14TH APRIL



Name:

Age: School Year:

Address:

Tel No:

Email:

Parents' signature:

THE ROSE QUEEN (Year 7 – 11 and from the parish)

FLOWER GIRL (Any school age and from the parish)

PAGE BOY (Any school age and from the parish)



- VILLAGE JUNIORS -

Nursery News

The children are loving playing in the new outside play area and are making the most of any good weather. The play house has been repainted and repaired, the equipment has been power washed and everything is looking ready for the good weather we hope will be coming soon! Our numbers are slowly increasing so we have had to employ another member of staff, Sarah, she is qualified, young and enthusiastic. Just what we need.

We are offering child care for nursery and primary aged children over the holidays so please enquire if you are interested. This will be available from 8.30-5.30 Monday to Thursday.

We welcome mums and toddlers to join us on Mondays from 9.15 to 10.15 for a messy play session. This is an open session so please come if you want your child to meet other children.

We offer music and movement, music, French and yoga sessions as part of our curriculum. We take children from 6 months old up to school age. We are registered for government grants for all children aged 3 and over and for children aged 2 who meet the criteria - please ask for further details.

We will be open from 8.30 am to 5.30 pm and during the school holidays. We will also take younger school children during the holidays.

phone us 01606 892323 Email - antrobuspreschool@tesco.net
Or message us on Facebook for more details
Sandiway Lane CW9 6LD

Antrobus St. Mark's CE Primary School

I wonder how many of you have seen the 10 feet tall giraffe, friendly lion and cute elephant which have been resident in Antrobus for the last two weeks. To avert any alarm, they are made of willow by our humble fingered pupils under the guidance of a willow sculptor and are living happily in school.

This is one of several initiatives undertaken jointly by St. Mark's and Great Budworth Primary schools. Working collaboratively the two schools have been able to share the cost of such exciting things as this, visits and music and theatrical events which are always difficult to fund for small schools with limited budgets.

Our staff too are pleased with the benefits of working and planning together and enjoy the opportunity to share ideas and equipment to make learning more exciting. You may also have noticed that Mrs Finney seems able to defy the laws of physics by being in two places at the same time, always being where she is needed!

The survival of small schools is always difficult, especially in the present financial climate but I think we can say that the collaboration between Antrobus St. Mark's and Great Budworth is a win-win situation. Our children are all happy, the recent results show that our academic standards are higher than ever and I happen to know that further joint events are being planned for the Summer Term! Watch this space.

Meryl Phillips,
Chair of Governors, Antrobus St. Mark's CE Primary School



- ANNOUNCEMENTS -

Antrobus Parish Council Chairman's Ball

A great night was had by all raising the grand sum of £3000 which was split between Action Against Cancer and The Christie.

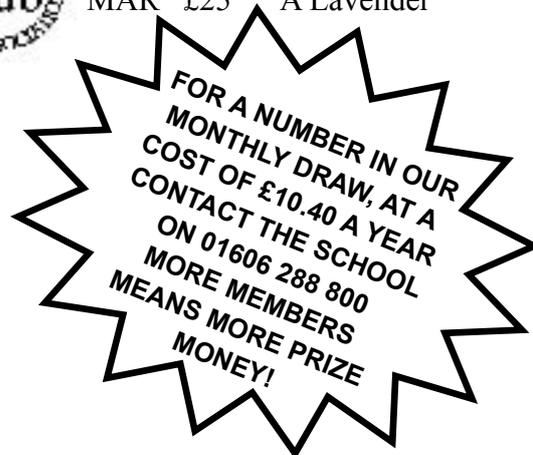
Donations were also made to St Marks Church and Antrobus Chapel.

Thanks to all who sold tickets, bought tickets, donated prizes, cooked and served the food and drink and generally helped make this evening such a success.

Roger Sutton



WINNERS MARCH 2017
MAR £25 A Lavender



Great Budworth Cricket Club

We are a small friendly club looking for new members to play cricket.

GBCC offers a fantastic and enjoyable opportunity to play cricket in the stunning surroundings of Arley Hall in Cheshire.

All matches are friendly, which are played most weekends & some evenings throughout the summer (May-Sept).

All abilities welcome.

Please phone Mark Hankey (membership secretary) on 01606 891875 if you are interested.



Antrobus St. Mark's Church

Can anybody use some logs, already bagged and can be delivered for a donation to St. Mark's Restoration Appeal.
Contact Chris Taylor



Restoration Update

Unfortunately we are still waiting (sometimes with cross legs for our toilet to be connected to the main sewage drain. This is due to an oversight by the contractors/architects. They hope to complete this asap

Have an announcement or event you would like in the village news?

Email us:

antrobusvillagenews@hotmail.com



BEST OF LUCK

Congratulations

- THE GREAT OUTDOORS -

Antrobus Community Kitchen Garden

Down Reed Lane, past the green dutch barn, is an unremarkable metal gate behind which lies the Community Garden. Over the years, thanks to donations and efforts by the ACKG group, the garden has progressed to include a polytunnel, large fruit cage, greenhouse, sheds for potting up, garden store and the crucial kitchen shed for tea and coffee!

We are a group of enthusiastic gardeners who jointly manage the garden, growing all sorts of vegetables, fruits and salad crops. As a group we are generally to be found working on Thursday afternoons and on two Saturdays in the month, although individual members often pop in at other times for some weeding and fresh air therapy. Of course no working party would be complete without the tea and coffee breaks where the oddest, lively discussions occur!

If you would like to join the group why don't you come along to our monthly meeting, held at the Antrobus Arms, on the first Tuesday of every month at 7 30 pm. Alternatively you could look us up on our ACKG Facebook page.

Amongst our successes last year were a large number of squashes, climbing French beans that just cropped and cropped, lots of juicy grapes and succulent sweetcorn. We are currently planning and preparing for the 2017 crops – why not come along and get involved?

Great Budworth Garden Club

Another full hall in March to hear Malcolm and Thomas Dickson give an excellent presentation about their company in Stone Stafford, Hooksgreen Herbs.

Malcolm showed some slides of their incredible success at the RHS Flower Shows all over the country, then Thomas gave a hands on demonstration of how to prune and propagate herbs and shrubs at this time of the year. The lasting memory of the night was when he took out a saw, and literally sawed plants in half ! We all learnt so much, and enjoyed the expertise and relaxed atmosphere of the evening,

They were ably complimented by Anna Lee who gave us a great vote of thanks.

The next meeting is on 11th April when Harry Delaney from Reaseheath college, will talk about ' getting ready for Spring' in his very professional way.

Two of our member couples were congratulated on their Golden Weddings, Sylvia and Chris Godber and Bill and Lesley Anderson, who have been members since the formation of the club.

Please continue to bring your plants and seed swoops for our plant stall, from which we all benefit.

Any information please contact me in the first instance
Jean Davies 01606 892383 / 0789993 7683



- THE GREAT OUTDOORS -

OF DRAGONS AND DANDELIONS

by Helen Phillips

As well as a renowned dragon-slayer and the patron saint of England, Saint George is also associated with the dandelion and, as we draw closer to the 23rd April, the road-verges turn from green to gold as they are filled with the sunny flowers of this familiar plant.

As one of the earliest flowering native plants, dandelions provide an invaluable food source for honey bees, bumblebees, hoverflies, beetles and early butterflies as they groggily wake up from hibernation.

In herbal medicine, the humble dandelion (*Taraxacum officinalis*) has many uses. Its fresh young leaves encourage healthy kidney function and act as a gentle diuretic, earning dandelion its French name, 'pissenlit' or 'wet-the-bed'!! Tinctures and juice of dandelion leaves are effectively used by herbalists to relieve fluid retention due to cardiovascular or hormonal conditions.

The root of the dandelion is collected in the autumn and used to support liver and gallbladder function as well as improve the health of the skin, and is prescribed by herbalists in cases of acne, stubborn eczema and psoriasis.

The following salad is a delicious and healthy dish which, with the addition of the dandelion, provides a great source of potassium and vitamins A and C.

Dandelion and potato salad

900g small new potatoes

2 good handfuls washed dandelion leaves

3tbspn chopped chives

4tbspn olive oil

2tbspn cider vinegar

Salt and pepper

Boil the potatoes in their skins until tender. Meanwhile, finely chop dandelion leaves and mix in a serving bowl with the other ingredients. Drain and slice the potatoes and add to the dandelion dressing. Gently fold them in so they are well coated.

Chives are just beginning to flower this month and so, if you have any in the garden, pull the flowers gently apart and add to the salad to give vibrant colour and peppery bite. The salad can be served hot or cold. Enjoy!!

A talk and tasting session

Natural Remedies for Children

Monday 24th April 2017 9.15 - 10.30 am Antrobus Village Hall

Free of Charge

All Welcome

with **Helen Phillips**
Registered Medical Herbalist
MSc, MCPP, MNIMH



- COMMUNITY HUB -

Manchester Airport

Important Information

Each year maintenance works are required to maintain Runway 1 at Manchester Airport, the most used runway, and runway 2 used instead. At the start of each year dates are published of the nights when Runway 1 will be closed. In January 2017 it was also described that some more lengthy works would be required to maintain the taxiways at each end of the Runway. This will mean some extra closures this year and Manchester Airport say they regret any disturbance that these temporary changes to operations may cause to surrounding areas.

Runway 2 will be used as the sole runway between 2200 and 0600 hours on the following dates:

- April 4th, 5th,
- May 2nd, 3rd, 4th
- June 6th, 7th, 8th
- July 4th, 5th, 6th
- August 1st, 2nd, 3rd
- September 5th, 6th, 7th
- October 1st, 2nd, 3rd
- November 7th, 8th, 9th
- December 5th, 6th, 7th

The dates above include 'weather contingency' and some redundancy; it is unlikely that all of the nights will be required. In the event of bad weather/low visibility or that no works are required; the works may be deferred or cancelled and Runway 1 reinstated. Normal operations will resume at all other times. These changes are permitted within the terms of the Planning Permission Runway 2 *Runway 23L/05R*.

For further information please contact the Community Relations Department:

Freephone: 08000 967 967 (answer service outside office hours)

Email: community.relations@manairport.co.uk

Website: manchesterairport.co.uk/runwayclosures

Twitter: @MAComRels

Manchester Airport also run a Community Outreach session at Knutsford Library every Tuesday between 9:30 am and 5:00 pm (or 12:00 pm - 7:00 pm on the first Tuesday of every month). There are also other dates and locations available for members of the public to raise their concerns with the Community Relations Team.

Further information:

Freephone: 08000 967 967

Website: manchesterairport.co.uk/outreach



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Saturday 8.30am - 12.00 noon

Sunday 9.30am - 12.00 noon

POST OFFICE OPEN Monday - Thursday Inc. 8.30am - 12.30pm

CLOSED - Good Friday, Saturday 15th, Easter Sunday & Easter Monday

★ **Antrobus Community Shop is looking for someone with accountancy experience to process the accounts onto an Excel spreadsheet and produce Profit & Loss and Balance Sheets and the end of the financial year. For further details please contact Enid Justin on 01606 891117.** ★

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1. Sister in law
2. Croatia
3. Cut them into match sticks
4. Roald Dahl
5. Michelangelo
6. William Shakespear
7. Spice Girls
8. Penicillin
9. Micheal Owen
10. A film reel
11. 54
12. Sunil Gavaskar

Quiz Answers

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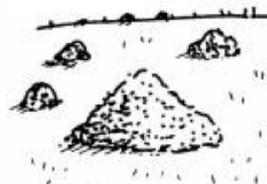
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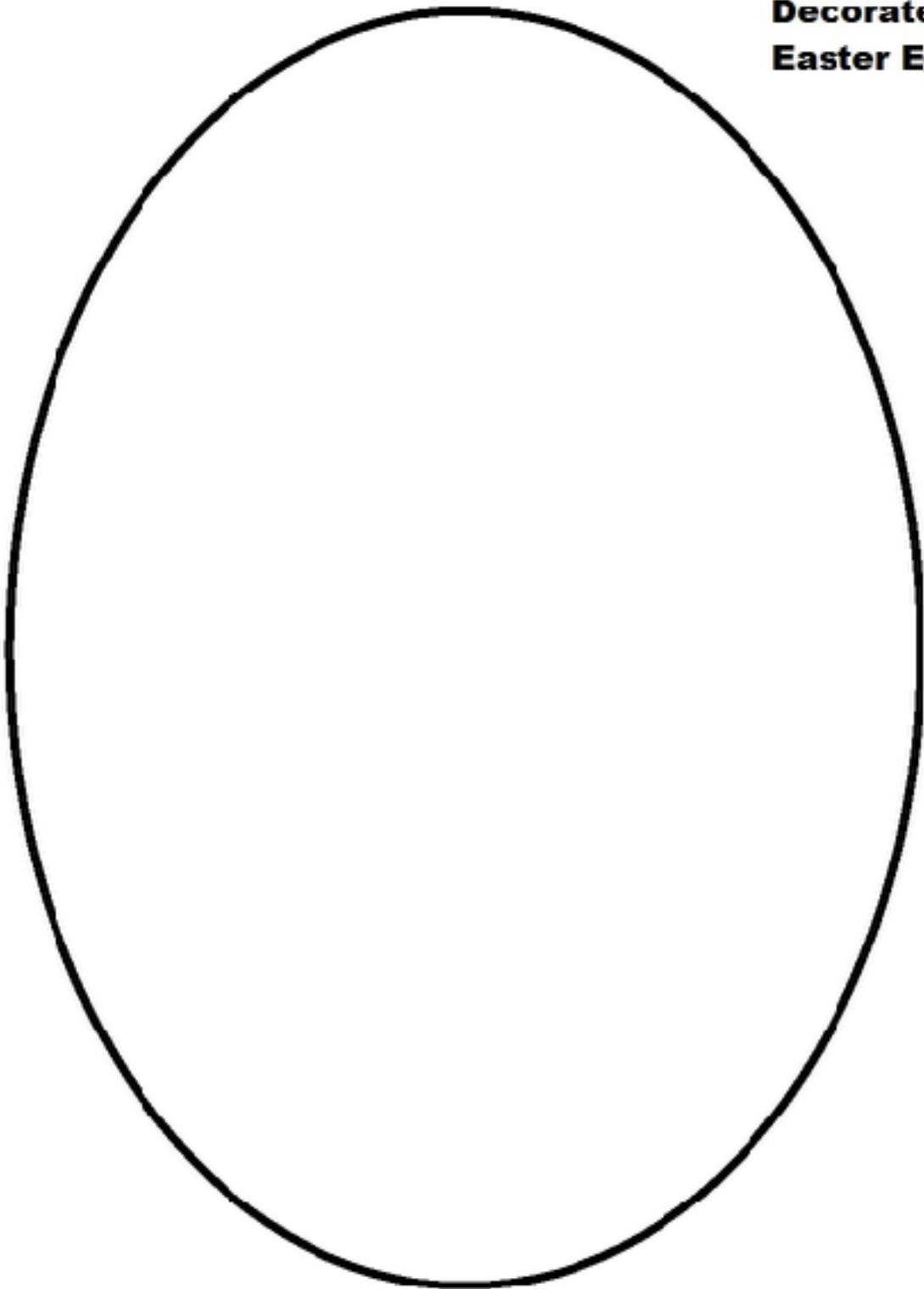
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- ANTROBUS DIRECTORY -

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ANTROBUS COMMUNITY GARDEN	Jenni Pemberton (jennipemberton@hotmail.com)	07740 696694
CHURCHES		
Antrobus St Mark's	Rev. Alec Brown e-mail alec-brown@tiscali.co.uk Church Wardens: Meryl Phillips Jane Schofield: Reader: Chris Taylor:	01606 891324 01606 891550 01565 777227 01925 263600
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